



Play, Learn and Grow...Together!

## Ordsall Primary School

# Relationships, Sex and Health (RSHE) Policy

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Reviewed by: Karl Hopkinson (Headteacher)

Approved by: Governing Body

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## **Statement of Intent**

At Ordsall Primary School, our Relationships, Sex and Health Education (RSHE) provision supports our school vision of 'Play, Learn and Grow Together' and is underpinned by our RESPECT values. RSHE is central to developing pupils' spiritual, moral, social and cultural understanding and supports their development into confident, respectful and informed citizens. Our RSHE curriculum supports children in making safe, informed and healthy decisions in life and relationships.

## 1. Legal Framework

This policy complies with the following guidance and legislation:

- Children and Social Work Act 2017
- Education Act 1996
- Equality Act 2010
- DfE Statutory Guidance on RSHE (2019)
- Keeping Children Safe in Education (2024)
- Ofsted Education Inspection Framework
- Public Sector Equality Duty
- SEND Code of Practice (2015)

## 2. Definition and Purpose of RSHE

RSHE equips children with accurate and relevant knowledge, opportunities, skills and values to understand and manage their physical, emotional and social development. It supports the development of self-respect, empathy, and healthy relationships, while fostering understanding of diversity, boundaries, consent, and the importance of emotional and mental wellbeing.

## 3. RSHE at Ordsall Primary School

RSHE is a core part of our RESPECT curriculum and is embedded throughout school life. It is delivered through discrete lessons, assemblies, and themed weeks. Our curriculum incorporates:

- Relationships education
- Physical and emotional health
- Keeping safe (including online)
- Mental wellbeing
- Changing bodies
- Understanding difference and diversity
- British Values and the protected characteristics

RSHE reflects our inclusive ethos and commitment to equipping children with knowledge and skills to thrive in modern Britain.

## 4. Curriculum Delivery

RSHE is delivered weekly as part of our wider RESPECT curriculum. We use a spiral approach, where topics are revisited and built upon across year groups. The curriculum is taught using age-appropriate resources and is adapted where necessary for pupils with SEND. We make use of planned discussion, storytelling, role play and external visitors to support learning. Curriculum planning is underpinned by the school's values and national guidance.

## **5. Inclusivity and Equal Opportunities**

All pupils have the right to access high-quality RSHE. Teaching is sensitive and inclusive, recognising different families, faiths, genders, cultures and identities. We promote respect for all and ensure materials are representative of modern society. We meet the needs of pupils with SEND by adapting content and delivery as appropriate.

## **6. Pupil Voice and Engagement**

We value pupil voice in shaping our RSHE curriculum. Feedback from class discussions, circle times, and pupil surveys inform planning and delivery. Children are encouraged to share thoughts, ask questions, and discuss issues respectfully.

## **7. Working with Parents and Carers**

We are committed to working in partnership with parents and carers. RSHE information is shared through the school website, letters and curriculum events. Parents are informed in advance about the teaching of sex education and given the opportunity to discuss any concerns. We aim to build trust and transparency in our approach.

## **8. Safe and Effective Teaching**

Teachers create a safe learning environment with clear ground rules. Sensitive topics are approached with care, and children are supported to speak to trusted adults. Staff receive training to deliver RSHE confidently and effectively. Safeguarding procedures are followed if disclosures are made.

## **9. Withdrawal from Sex Education**

Parents have the right to request withdrawal from sex education that is not part of the statutory science curriculum. This does not include relationships or health education. Requests should be made in writing to the Headteacher. A meeting will be offered to discuss the decision.

## **10. Monitoring and Review**

This policy will be reviewed annually or in response to statutory updates. The RESPECT team and SLT will monitor planning, delivery, and pupil outcomes. Governors are responsible for ensuring the policy and curriculum meet statutory requirements and reflect the school's ethos and values.